

# Satyodaya Health Volunteers' Training

## The Programme

Satyodaya's programmes are supported enormously by its volunteers who represent all the working locations. It is also a process of making volunteers for Satyodaya work and that is done in a series of trainings given to them. Basically, the interested youth could apply and follow the Leadership Training Course of Satyodaya and again they are free to follow the Health Volunteers training as well. However, the individuals who follow only the Health Volunteers' Training are directed to assist the health and nutrition related activities done by Satyodaya in the field.

This particular training is done with the help of qualified medical doctors and other health and nutrition related personnel who are also interested in the field of community development. During then training course the participants are given the basic knowledge of the community health and nutrition related matters and directed to develop themselves as community level health workers.

## Areas Covered

- Health and Nutrition aspects related to plantation and Rural sectors.
- The present situation of the community health with regard to Plantation and Rural people.
- First-aid programmes for Plantation and rural people.
- How the youth can contribute in anti-drug programmes.
- What is counseling?
- How can we identify problems with regard to community health?

## Facilitators

- Ms Fatima Rose Fernando – Family Health Officer.
- Prof. Sarath Ruberu – University of Ruhuna.
- Dr J.M Nilam – Consultant Child Specialist.
- Dr Kalyanathissa.

